

# Canadian Fertility and Andrology Society Counselling Special Interest Group

# **Starting Conversations: Donor Conception Resource List**

A helpful resource of books, websites and DVDs for parents, children and teens, and for those working in the field of Assisted Human Reproduction

Compiled by:

Counselling Special Interest Group (CSIG)

In affiliation with:

Canadian Fertility & Andrology Society (CFAS)

Created November 2013 by the CSIG Donor Conception Taskforce Committee:
Irene Glavac Petric, MSW, RSW (Chair)
Gabriele Klimstra, BSW, RSW
Catherine Stafford, MEd
Jean Haase, MSW, RSW
Lori Parker, MA
Julia Sen, PhD
With assistance from Janet Takefman, PhD (2012 CSIG Executive Committee Chair)

Updated March 2014 by: Emily Koert, PhD and Holly Yager, MEd

# **INDEX**

Introduction	
Note from Task Force Chair	3
Resources for Parents	
Books	4
Online	5
Films	5
Podcasts	6
Resources for Children	
Books on Family Diversity	7
Introduction to Assisted Conception	7
All Avenues of Assisted Reproduction	8
Egg Donation	9
Sperm Donation	11
Embryo Donation	14
Surrogacy / Gestational Carriers	15
Resources for Tweens, Teens & Young Adults	
Books	17
Online	19
Films	19
Resources for Professionals	
Books	20
Journal Articles	21
Position Papers	22
Online	22
Podcasts	22

## INTRODUCTION

In September 2012, a Task Force comprised of counsellors from the Counselling Special Interest Group (CSIG) of the Canadian Fertility & Andrology Society (CFAS) began compiling a resource list on topics related to disclosure to donor-conceived children. It is our hope that this document provides reliable information to parents and to children of all ages who are donor conceived. The collection of books, articles, and websites was chosen to provide individuals using third-party reproduction, with information and a starting point for conversations with their families, friends, and children. While it is not an exhaustive list, it contains information for parents from a variety of family configurations. It is also our hope that these resources will serve as an educational guide for professionals working in the area of Assisted Human Reproduction and Third-Party Reproduction.

Irene Glavac Petric, MSW, RSW Task Force Chair

### RESOURCES FOR PARENTS

#### **BOOKS**

Building a Family with the Assistance of Donor Insemination (2004)

Author: Ken Daniels Publisher: Dunmore Press

Choosing to be Open about Donor Conception: Experiences of Parents (2002)

Author: Sharon Pettle & Jan Burns

Booklet for parents available through The Donor Conception Network (UK)

Helping the Stork: The Choices of Donor Insemination (1997) Authors: Carol Frost Vercollone, Heidi Moss & Robert Moss

Publisher: Wiley

Experiences of Donor Conception: Parents, Offspring and Donors throughout the Years (2009)

Author: Caroline Lorbach Publisher: Jessica Kingsley

The Complete Lesbian & Gay Parenting Guide (2004)

Author: Arlene Istar Lev

Publisher: Berkley Publishing Group

The Lesbian Parenting Book: A Guide to Creating Families and Raising Children (2003)

Author: Merilee Clunis Publisher: Seal Press

Mommies, Daddies, Donors, Surrogates: Answering Tough Questions and Building Strong

Families (2005)

Author: Diane Ehrensaft Publisher: Guildford Press

Choosing Single Motherhood: The Thinking Woman's Guide (2005)

Author: Mikki Morrissette

'Telling and Talking' Series (2006)

Author: Olivia Montuschi

Publisher: The Donor Conception Network (UK)

Books in the series:

Four booklets for parents covering age groups 0-7, 8-11, 12-16, 17 and over

Telling and Talking with Friends and Family (2013)

Our Family: A Telling and Talking Guide for Friends and Relatives (2013)

#### ONLINE

Talking To Children about Assisted Reproductive Technology www.artparenting.org

The Maternal and Child Health Library at Georgetown University http://mchlibrary.info/guides/ART.html

**Donor Conception Network** 

www.dcnetwork.org

The South Western Ontario Donor Conception Support Network www.donorconception.com

American Society of Reproductive Medicine www.asrm.org or www.ReproductiveFacts.org

The National Infertility Association www.resolve.org

LGBTQ Parenting Connection

www.lgbtqparentingconnection.ca/resources.cfm

Fertility Matters (formerly the Infertility Awareness Association of Canada / IAAC) www.FertilityMatters.ca

Single Mothers

www.choicemoms.org

Blog about Books for Donor Offspring

http://booksfordonoroffspring.blogspot.com

Blogger, Patricia Sarles, assists parents looking for books to help them explain assisted conception to children, in English, French, Dutch, German, Spanish, Hebrew, and Italian.

#### FILMS - DOCUMENTARIES

Offspring (2001)

Donor-conceived filmmaker, Barry Stevens, documents his quest to find his half genetic siblings.

Bio-Dad (2009)

Filmmaker, Barry Stevens, chronicles the search for his sperm donor.

Sperm Donor X: A Different Conception (2012)

Filmmaker, Deidre Fishel, documents her journey and that of three single mothers through the use of donor sperm.

Donor Unknown (2013)

Filmmaker, Jerry Rothwell, explores the story of Donor 150 through the eyes of some of the children conceived with his sperm.

#### **PODCASTS**

Brave New Family (2008, CBC Radio)

Originally presented on 'Ideas', journalist Alison Motluk explores the stories of women seeking their sperm donors and half genetic siblings in this two part series. Features interviews with donor-conceived people and the creator of the Donor Sibling Registry.

From Here to Maternity (2009, CBC Radio)

Journalist, Alison Motluck, investigates the business of egg donation. Ethical issues and cross border care are covered in this two part series.

Wanted: Egg Donor in Good Health (2012, CBC Radio)

Journalist, Alison Motluk, follows the stories of several young women who became egg donors.

## RESOURCES FOR CHILDREN

#### **BOOKS ON FAMILY DIVERSITY**

Books in this category introduce children to the many different kinds of families and the meaning of being a family:

The Family Book (2003) Author/Illustrator: Todd Parr

Ages: 4-8

Celebrates all types of families and encourages children to ask questions about their families.

Cookies and Cake & the Families We Make (2011) Author: Jennifer L. Egan; Illustrator: Robin Gulak

Ages: 4-8

The author uses the metaphor of baking cakes and cookies to help children respect diversity.

What Makes a Baby (2012)

Author: Cory Silverberg; Illustrator: Fiona Smyth

Ages: 3-8

A modern picture book about where babies come from, for every kind of family and kid.

What Matters Most: A Children's Book of Families (2008)

Author/Illustrator: Kristin Carter

Ages: 4-8

This story is narrated through the eyes of a four-year-old girl living with her single dad.

Birds of a Different Feather (2011)

Author: Kelly Wendel

Ages: 4-8

This book speaks directly to families with members with different genetic backgrounds (mixedconception families) through a combination of adoption, fostering, blended families with step and half siblings, and third-party reproduction.

#### INTRODUCTION TO ASSISTED CONCEPTION

I Love My Family: A Book about Assisted Conception for Young Children (2011)

Author: Tammy Troute-Wood; Editor: Heather Cobb; Illustrator: Brent Patrick Gough

Ages: 3-5

Assists families to discuss IVF, egg donor, sperm donor, and surrogacy with children, using diverse pictures, inclusive language, and accurate anatomy.

#### ALL AVENUES OF ASSISTED HUMAN REPRODUCTION

Hope and Will Have a Baby (2007) Authors: Irene Celcer & Horacio Gatto

Ages: 3-8

Each book in the series presents a different conception story. Note that the stories contain a Christian reference. They also discuss detailed information about donors such as hobbies and interests that may not be available for families using anonymous gametes.

#### Other books in the series:

The Gift of Embryo Donation
The Gift of Sperm Donation
The Gift of Egg Donation
The Gift of Surrogacy

Before You Were Born: Our Wish for a Baby (2004) Author: Janice Grimes; Illustrator: Mary Moye-Rowley

Ages: 3-5

Each book in this series presents a different conception story. Written by a nurse, this is the story of a baby bear that loves to hear the story of how he was born, with excellent illustrations.

#### Other books in the series:

Before You Were Born...Our Wish for a Baby: The Story of an IVF Baby
Before You Were Born...Our Wish for a Baby: The Story of a Frozen Embryo
Before You Were Born...Our Wish for a Baby: The Story of Donor Insemination
Before You Were Born...Our Wish for a Baby: The Story of a Donor Egg
Before You Were Born...Our Wish for a Baby: The Story of Donor Sperm (IVF)
Before You Were Born...Our Wish for a Baby: The Story of a Gestational Carrier
Before You Were Born...Our Wish for a Baby: The Story of Surrogacy
Before You Were Born...Our Wish for a Baby: A Baby Conceived For Female Partners
Before You Were Born...Our Wish for a Baby: A Baby Conceived For Male Partner
Before You Were Born... My Wish for a Baby For Single Parents

Recipes of How Babies are Made (2007)

Author: Carmen Martinez Jover; Illustrator: Rosemary Martinez

Ages: 4-8

Explains in a simple way all the different methods used to conceive children, including egg donation, sperm donation, embryo donation, surrogacy, and adoption. It is set in a heterosexual context.

## **EGG DONATION**

One More Giraffe (2009)

Author: Kim Noble; Illustrator: Stephanie Gibson

Ages: 1-3

This book will help you begin to introduce the key concepts about babies and egg donation.

The Very Special Ducklings: A Very Simple Story About Egg Donation (2005)

Author: Wava Cirisan; Illustrator: Stella Schultze

Ages: 3-8

This story introduces the concept of egg and embryo donation from the mother duck's role.

Tabitha and Timothy Grow a Flower (2010)

Author: Sarah Shackleton; Illustrator: Gillian Coulson

Ages: 2-5

A simple starter book explaining the concept of egg donation to a young child.

The Pea That Was Me: An Egg Donation Story (2012)

Author/Illustrator: Kimberly Kluger-Bell

Ages: 4-8

Introduces children to the idea that a generous egg donor (and doctor) helped their parents bring them into the world and into their loving family.

A Bun in the Oven: The Story of Conception Via Donor Egg (2011)

Author: Anita Stokes; Illustrator: Red

Ages: 2-5

Available directly from author: paulstokes@slingshot.co.nz

A Tiny Itsy Bitsy Gift of Life: An Egg Donor Story (2009)

Author: Carmen Martinez-Jover; Illustrator: Rosemary Martinez

Ages: 2-5

A touching children's egg donor story.

Our Story: For Children Conceived Through Egg Donation in Heterosexual Couple Families

(2002)

Author: The Donor Conception Network (UK)

Ages: 2-5

Mommy Was Your Tummy Big? (2007) Author/Illustrator: Catherine Nadel

Ages: 2-5

A mother elephant explains using donor eggs to her child. With charming, this book helps parents who used IVF and donor eggs begin to explain it to their small children.

A Part Was Given and an Angel Was Born (2002)

Author/Illustrator: Rozanne Nathalie

Ages: 2-5

This book helps communicate about how egg donation can begin. In a simplistic manner, the book provides a vehicle for introducing this form of third-party parenting to their child.

Phoebe's Family: A Story About Egg Donation (2010)

Author: Linda Stamm; Illustrator: Joann Clipp

Ages: 2-5

Phoebe's mom tells her the wonderful and unique story of how she came into being through egg donation to a heterosexual couple.

A Very Special Lady: A Story About IVF, an Egg Donor and a Little Girl (2012)

Author: Nell Carswell; Illustrator: Sarah Merrigan

Ages: 2-5

This is a story about IVF, an egg donor, and the arrival of a baby girl.

Sometimes It Takes Three to Make a Baby: Explaining Egg Donor Conception to Young Children (2002)

Author: Kate Bourne; Illustrator: Don Thompson

Ages: 3-9

Written by an infertility counsellor, the story of a parents who tried very hard to have a baby.

A Most Precious Gift: A Story of Egg Donation (2009)

Author: Kerry Roling

Ages: 3-9

Told in rhyme, this blank-page book created to "support a child to draw their own illustrations or attach photographs" tells the story of a fairy godmother who donated her eggs to help a couple have a child.

Mom and Dad and the Journey They Had (2010) Author: Molly Summer; Illustrator: Monica Meza

Ages: 4-9

As parents prepare their home for a new baby, older brother-to-be Patrick asks his parents to tell him about when he was a baby. They tell him about the incredible journey they took to have him, with the help of an egg donor.

Mommy, Did I Grow in Your Tummy?: Where Some Babies Come From (2011)

Author: Elaine R Gordon; Illustrator: Kathy Clo

Ages: 5-12

Written by a clinical psychologist who experienced infertility herself, this beautifully illustrated story is about Sandy and Bob who, after trying very hard to have a baby, go to a doctor for help. They learn that they can make a baby "another way" and explains all the ways a baby is made.

## SPERM DONATION

## SINGLE MOTHERS / CHOICE MOMS

Why Don't I Have A Daddy?: A Story of Donor Conception (2008)

Author: George Anne Clay

Ages: 2-6

This book presents the basic facts of anonymous donor conception in a simple, but loving

manner.

Will I Ever Have a Daddy? (2008)

Author: Tena Moore

Ages: 2-6

This book shows how a single mom can explain to her young child conceived with a donor, who their daddy is, from a Christian perspective.

Just the Baby For Me (2008)

Author: Barbara Levin

Ages: 2-6

Told in a warm, clear and easy to follow manner, this story helps children understand their conception by donor insemination.

Our Story: For Children Conceived Through Sperm Donation in Solo Mum Families (2002)

Author: The Donor Conception Network

Ages: 2-6

Mom and Me...The Way It Should Be! (2010) Author: Tina Rella; Illustrator: Monica Mezza

Ages: 3-8

Mom tells Shalisse about the unforgettable journey she took to have her, using a sperm donor.

Nan's Donut Dilemma (2011)

Author: Mary E. Ryan; Illustrator: Colleen Muske

Ages: 3-8

A sweet story about how a single mom helps her daughter understand why she doesn't have a dad.

I Felt You Flutter in My Heart (2012)

Author: Choice Moms and Choice Kids; Illustrator: Choice Kids

Ages: 3-8

Single women who decide to have a baby on their own can share this simple story with their children.

Cloe Quiere Ser Mamá (2012) (Spanish)

Author: Rosa Maestro; Illustrator: Bárbara Guillén Feltrer

Ages: 3-8

Cloe quiere ser mamá es un cuento infantil para hijos de madres solteras por elección. -- A book about children of single mothers by choice conceived via artificial insemination.

## SAME-SEX COUPLES / TWO MOMS

A Tale of Two Mommies (2011)

Author: Vanita Oelschlager; Illustrator: Mike Blanc

Ages: 4-8

This book lets us look inside one non-traditional family, a same sex couple and their son. As the children talk, it's clear this boy lives in a nurturing environment where the biggest issues are the everyday challenges of growing up.

Our Story: For Children Conceived Through Sperm Donation in Lesbian Families (2002)

Author: The Donor Conception Network

Ages: 3-8

Excerpt from the book: "One day I said 'Have I got a dad?' Then my mums told me all about how a hospital helped them to have a baby - me! I am really happy my mums could do this and I am proud of us and our family."

And Baby Makes 4 (2009)

Author: Judith Benjamin; Graphics: Judith Freeman

Ages: 4-8

One of her moms is pregnant! What will this mean for a child who is becoming an older sibling? Her mothers prepare her for the change in their family, and finally the baby arrives. The girl feels some ambivalence, with a happy acceptance of the new baby at the end.

#### KNOWN SPERM DONOR

Under a Rainbow (2012) Author: Zera Walpole

Ages: 3-6

A simple rhyme story book for children of lesbian parents with a known donor.

#### **HETEROSEXUAL COUPLES**

My Story: For children conceived through sperm donation in heterosexual families (2001)

Authors: Jane Offord, Angela Mays & Sheila Cooke

Ages: 3-6

Dans Notre Histoire, Il y a ... Une Graine Magique! (2008) (French)

Illustrator: Nicolas Hunerblaes

Ages: 3-6

Quand un couple s'oriente vers le don de sperme pour fonder sa famille, la difficile question de l'information à délivrer aux enfants se pose fréquemment: Que dire? Comment le dire? Quand le dire? Pour aider des parents à raconter leur histoire à leur enfant, l'association MAIA a souhaité éditer un petit livre pour enfant, qui aidera les papas et les mamans à leur parler du don, avec des mots simples et compréhensibles. — This books helps couples using sperm donation tell their story to their child.

Let Me Explain: A Story About Donor Insemination (1995) Author: Jane T. Schnitter; Illustrator: Joanne Bowring

Ages: 5-12

Narrated by a little girl, this story discusses donor insemination in heterosexual couples. It introduces terms including genes, sperm, and ova. It also chronicles the little girl's feelings about being conceived with donor sperm and how she copes with this part of her life story.

Butterflies & Magical Wings (2006)

Author: Amy Margolis; Illustrator: Natalie Marino

Ages: 7-10

Using butterflies as a metaphor, Flutter and Milo do a "magic baby butterfly dance" to have a baby of their own. Unfortunately, their magic dance doesn't work until they meet a special butterfly who has "magical spots" that she can lend them. With the help of "scientific technology," they have a baby butterfly of their own. Full of colourful illustrations.

## **EMBRYO DONATION**

Training Wheels: How Did I Get Here? (2012)

Author: Chris E. Barrett & Sally B. Hunter; Illustrator: Tyler Garrison

Ages: 2-4

The story is about parents who explain the use of donated embryos to create their son. They share the story with five-year-old Miles when he gets a new bike for his birthday from his special friend. The book is told in a delightful rhyming pattern, using words that are easy to understand and a storyline that will help to satisfy their curiosity about where they came from.

Our Story: For Children Conceived Through Double or Embryo Donation in Heterosexual

Families (2002)

Author: Alison McKee

Ages: 3-8

Excerpt from the book: "Mummy and Daddy tried for a long time to make a baby. The doctor said there were problems with Mummy's eggs and Daddy's sperm and this made Mummy and Daddy very sad. The doctor said there are kind ladies and kind men called donors. They wanted to help so that Mummy and Daddy could have a happy family of their own." Suitable for heterosexual families.

# SURROGACY / GESTATIONAL CARRIERS

## SAME-SEX COUPLES / TWO DADS

Two Daddies... and Me! (2013)

Author: Robbi Anne Packard; Illustrator: Lori Ann McElroy

Ages: 2-4

With colourful illustrations and few words, this book is for very young children describing a day in the life of a little girl with her two dads.

And Tango Makes Three (2005)

Authors: Justin Richardson & Peter Parnell; Illustrator: Henry Cole

Ages: 4-8

Based on a true story about a charming penguin family living in the NYC Central Park Zoo.

Daddy and Pop (2010)

Author: Tina Rella; Illustrator: Monica Meza

Ages: 2-8

In this heartwarming story of a little girl with two fathers, Daddy and Pop tell her about the amazing journey they took to have her, by using an egg donor and a surrogate, in this musical book that comes with a CD. Daddy and Pop is part of the 'Love Makes a Family' series, celebrating families made possible by assisted reproduction and adoption.

This is My Family: A First Look at Same-Sex Parents (2012)

Author: Pat Thomas; Illustrator: Lesley Harker

Ages: 2-6

This book in the 'A First Look At' series encourages preschool through early school age kids to understand and overcome problems that might trouble them in social and family relationships. Written by a psychotherapist, this book promotes positive interactions among children, parents, and teachers.

Daddy Dog and Papi Panda's Rainbow Family: It Takes Love to Make a Family (2012)

Author: Anthony Hale

Ages: 3-7

This book uses vividly coloured animals to share the story of same-sex parents who created their family through a combination of adoption and surrogacy (mixed conception families).

The Baby Kangaroo Treasure Hunt: A Gay Parenting Story (2010) Author: Carmen Martinez Jover; Illustrator: Rosemary Martinez

Ages 6-10

A sweet story of two kangaroos, gay couple Jack and Sam, who have a baby using egg donation and surrogacy. Best suited for families who know their donors or surrogates.

#### **HETEROSEXUAL COUPLES**

Nick's Story: How One Family Proved That Miracles Can Happen (2008)

Author: Meg Corning; Illustrator: Deborah J. McGee

Ages: 3-9

Tells the story of how a little boy was born into a family with the help of a surrogate.

Sacha, the Little Bright Shooting Star (2012)

Author/Illustrator: Sofia Prezani

Ages: 3-9

A surrogacy journey recounted as a tale of wild bears to introduce young children to the concept of surrogacy, the first building blocks to opening a discussion of their child's own birth story and unique path by which their child entered their parent's life.

## FOR CHILDREN OF SURROGATES / GESTATIONAL CARRIERS

The Kangaroo Pouch: A Story About Gestational Surrogacy For Young Children (2007)

Author: Sarah Phillips Pellet; Illustrator: Laurie A Faust

Ages: 2-6

This discussion-starter is narrated by Oliver the Kangaroo whose mother one day had the idea to help another family have a baby by carrying that baby in her kangaroo pouch. It was written by a mother to help explain her decision to become a gestational surrogate to her children.

Once Upon a Surrogate: The Stork's Helpers (2010)

Author: Jill Hancock Reeder; Illustrators: Tristan, Jessica & Jill Reeder

Ages: 4-10

Describes the process of surrogacy to the children of the surrogate, who are often overlooked in the process. It provides an excellent conversation starter for surrogates and their families.

A Baby for Mabel and Frederick (2005)

Author: Karen Poston

Ages: 4-8

Helps children understand in simple terms what goes on during gestational surrogacy. This story is available in two formats, narrated by the daughter or by the son of a gestational carrier. Comes with a colouring book.

# RESOURCES FOR TWEENS, TEENS AND YOUNG ADULTS

#### **BOOKS - FICTION**

My So-Called Family (2009) Author: Courtney Sheinmel

Ages: 9-13

Donor-conceived Leah decides that even though she loves her family, she wants to find out if she has any other genetic connections.

The Other Half of Me (2007)

Author: Emily Franklin

Ages: 9-13

Feeling out of place in her athletic family, artistic 16-year-old Jenny, who was conceived using a sperm donor, finds her half genetic sibling through the Donor Sibling Registry.

Donuthead (2003)

Author: Sue Stauffacher

Ages: 9-13

A story about a donor-conceived pre-teen's experiences.

Donutheart (2006)

Author: Sue Stauffacher

Ages: 9-13

Sequel to 'Donuthead'.

Dads, Geeks and Blue Haired Freaks (2012)

Author: Ellie Phillips

Ages: 13-17

Sadie decides to track down her sperm donor with the help of her cousin and a friend.

Nobel Genes (2010) Author: Rune Michaels

Ages: 13-17

The story of a boy who finds out that his genes come from a Nobel prize winner.

Finding Cassidy (2006) Author: Laura Langston

Ages: 13-17

A young adult novel that tackles a provocative subject with honesty and humour.

Call Me Mimi: The World's Ugliest Beauty Queen (2008)

Author: Francis Chalifour

Ages: 13-17

A 17-year-old heads to Toronto to find her sperm donor after things go awry at her prom.

Between Mom and Jo (2006) Author: Julie Anne Peters

Ages: 13-17

Fourteen-year-old Nick tackles life as a child of two mothers who are separating.

Feathered (2008)

Author: Laura Kasischke

Ages: 18+

This book is recommended for mature teens only.

Donorboy: A Novel (2004) Author: Brendan Halpin

Ages: 18+

#### **BOOKS - NON-FICTION**

Telling and Talking About Donor Conception with 12-16 Year Olds: A Guide for Parents (2006)

Author: Olivia Montuschi

Publisher: The Donor Conception Network (UK)

Telling and Talking About Donor Conception with People Aged 17 and Over: A Guide for

Parents (2006)

Author: Olivia Montuschi

Publisher: The Donor Conception Network (UK)

Who Am I?: Experiences of Donor Conception (2006)

Author: Alexina McWhinnie Publisher: Idreos Education Trust

A social researcher reflects on the stories of donor-conceived adults.

Experiences of Donor Conception: Parents, Offspring and Donors Through the Years (2002)

Author: Carol Lorbach Publisher: Jessica Kingley

Lorbach's findings in her research is detailed in this informative book on others experiences.

Voices of Donor Conception (Volume 1). Behind Closed Doors: Moving Beyond Secrecy and Shame (2006)

Author: Kirk Maxey, Olivia Montuschi, Rebecca Hamilton, Wendy Kramer & Ryan Kramer

Editor: Mikki Morrissette

A collection of stories about people affected by the donor conception industry, designed to take stigma out of donor conception and enable more open conversation for families.

Page 18 of 22 | Canadian Fertility & Andrology Society Donor Conception Resource List (2014)

#### ONLINE

Donor Sibling Registry - www.donorsiblingregistry.com

A website and non-profit US organization serving donor offspring, sperm donors, egg donors, and donor conceived people. It has over 38,000 registrants (donors, offspring, parents, professionals) and is designed to facilitate connections between people sharing genetic links. It also provides general information and links to research regarding donor conception.

People Conceived Via Artificial Insemination (PCVAI) -

http://health.groups.yahoo.com/group/PCVAI

A US-based group for donor-conceived adults to exchange views and experiences.

International Donor Offspring Alliance (IDOA) - www.idoalliance.org

A web-based organization for professionals and offspring that advocates for transparency.

Infertility Network - www.infertilitynetwork.org/dc\_telling Resources including booklets and videos.

#### FILMS - DOCUMENTARIES

Donor Unknown (2013)

Filmmaker Jerry Rothwell explores the story of Donor 150 through the eyes of some of the children conceived with his sperm.

Filmmaker Barry Stevens chronicles the search for his own sperm donor:

Bio-Dad (2009)

Offspring (2001)

'Telling and Talking' (2006)

Parents and children in ten families answering questions about their experiences of 'telling' and continuing to talk together as children grow and change. The families are two single women, one lesbian couple, and seven heterosexual couples. They have used anonymous or known egg donation, anonymous sperm donation, or double (egg and sperm) donation.

A Different Story (2003)

Children and young people share their thoughts and feelings on being conceived with the help of anonymous sperm donors.

Are You My Father? (2001)

This film follows a New Zealand student as she searches to find her sperm donor.

## RESOURCES FOR PROFESSIONALS

#### **BOOKS**

Am I My Genes?: Confronting Fate and Family Secrets in the Age of Genetic Testing (2012)

Author: Robert L. Klitzman

**Publisher: Oxford University Press** 

Sex Cells: The Medical Market for Eggs and Sperm (2011)

Author: Rene Almeling

Publisher: University of California Press

Assisted Human Reproduction: Psychological and Ethical Dilemmas (2003)

Editors: Dani Singer & Myra Hunter

Publisher: Whurr

Building a Family with the Assistance of Donor Insemination (2004)

Author: Ken Daniels

Publisher: University of Canterbury

Ethical Dilemmas in Fertility Counseling (2010)

Authors: Judith E. Horowitz, Joann Paley Galst & Nanette Elster

Publisher: American Psychological Association

Infertility Counseling: A Comprehensive Handbook for Clinicians, 2nd Edition (2006)

Editors: Sharon N. Covington & Linda Hammer Burns

Publisher: Cambridge University Press

Reproductive Donation: Practice, Policy & Bioethics (2012) Editors: Martin Richards, Guido Pennings & John B. Appleby

Publisher: Cambridge University Press

Reproductive Health Psychology (2012)

Author: Olga B. A. van den Akker

Publisher: Wiley-Blackwell

Mommies, Daddies, Donors, Surrogates: Answering Tough Questions and Building Strong

Families (2005)

Author: Diane Ehrensaft Publisher: Guildford Press

#### **JOURNAL ARTICLES**

Journal of Law and Medicine: Special Issue on Donor Conception (31 May 2012).

This special issue contains the following articles on Donor Conception:

Guest editorial, Donor Conception, Secrecy and the Search Information – Sonia Allan.

Accessing donor conception information in Australia: A call for retrospective access – Damian Adams & Caroline Lorbach.

Information rights and donor conception: Lessons from adoption? – Richard Chisholm. Donor-conceived individuals and access to information about their genetic origins: The relevance and role of rights – John Tobin.

Keeping mum about dad: "Contracts" to protect gamete donor anonymity – Anne Rees. Donor-conceived people's views and experiences of their genetic origins: A critical analysis of the research evidence – Eric Blyth, Marilyn Crawshaw, Lucy Frith & Caroline Jones.

Legal parent versus biological parent: The impact of disclosure – Naomi Cahn.

Donor conception legislation in Victoria, Australia: The "Time to Tell" campaign, donor-linking and implications for clinical practice – Louise Johnson, Kate Bourne & Karin Hammarberg.

#### Additional Journal Articles:

- Ethics Committee of the American Society of Reproductive Medicine. (2004). Informing offspring of their conception by gamete donation. *Fertility & Sterility*, 81(3), 527-531.
- Jadva, V., Freeman, T., Kramer, W., & Golombok, S. (2010). Experiences of offspring searching for and contacting their donor siblings and donor. *Reproductive BioMedicine Online*, 20(4), 523-532.
- Mac Dougall, K., Becker, G., Scheib, J. E., & Nachtigall, R. D. (2007). Strategies for disclosure: How parents approach telling their children that they were donor conceived with donor gametes. *Fertility & Sterility*, *87*(3), 524-533.
- Probasco, K. (2012). The child's advocate in donor conception: The telling of the story. *Pediatric Nursing*, 38(3), 179-182.
- Yee, S., Blyth, E., & Tsang, A. K. (2011). Views of donors and recipients regarding disclosure to children following altruistic known oocyte donation. *Reproductive BioMedicine Online*, 23(7), 851-859.

#### **POSITION PAPERS**

Ethics Committee of the American Society for Reproductive Medicine. (2004). Informing offspring of their conception by gamete donation. *Fertility & Sterility*, 81(3), 527-531.

#### **ONLINE**

American Society for Reproductive Medicine www.asrm.org

British Infertility Counselling Association www.bica.net

Canadian Fertility & Andrology Society www.cfas.ca

Human Fertilisation Embryology Authority www.hfea.gov.uk

The Fertility Society of Australia & New Zealand www.fertilitysociety.com.au

#### **PODCASTS**

Being: The Donor Conceived Perspective (2013) www.bionews.org.uk/page 286708